

GANGGUAN PERILAKU DI KELAS & STRATEGI PENANGANANNYA

Sunardi, PLB FIP UPI

GANGGUAN PERILAKU DI KELAS

- Mitos tentang masalah tingkah laku pada anak-anak
- Beberapa penyebab masalah tingkah laku
 - SBH (Severe Behavioral Handicap)
 - ADHD (Attention Deficit Hyperactivity Disorder)
 - Emotional Disturbances
 - Autism
 - Conduct Disorder

STRATEGI PENANGANAN

- Mereview dan menunjukkan peraturan serta tata tertib kelas
- Mengidentifikasi masalah tingkah laku dan konteksnya
- Menspesifikasikan tingkah laku yang diharapkan
- Memodifikasi konteks
- Memberikan pengulangan tingkah laku
- Memberikan motivasi yang kuat dan positif untuk tingkah laku yang diharapkan.
- Menyarankan/mendukung tingkah laku yang diharapkan

STRATEGI PENANGANAN

- Memberikan motivasi yang positif dan kuat untuk tingkah laku yang diharapkan
 - Natural Reinforcers
 - Primary Reinforcers
 - Secondary Reinforcers
 - Contracting

PENGAJARAN

- Academic Skills
- Social Skills
- Service-Learning Programs
- Intervention must be sustained, flexible, positive, collaborative, culturally appropriate, and continually monitored.

KEBUTUHAN EBD DLM PERENCANAAN TRANSISI

PEMBELAJARAN

- Relevant, engaging, and useful curriculum
- Include vocational and life skills
- Preparation for postsecondary educational experience
- May include transition from juvenile detention and transition from homelessness to school

PENGAJARAN

- Early Intervention
- Direct Instruction
- Cognitive Behavioral Intervention
- Behavioral Management Intervention
 - Behavioral intervention plans
 - Techniques to increase behaviors
 - Techniques to decrease behaviors

TEKNIK MANAJEMEN BEHAVIORAL

- Positive and Negative Reinforcement
- Token Economy
- Contingency Contracts
- Premack Principle
- Differential Reinforcement
- Time-out
- Response Cost
- Extinction
- Punishment

TEKNIK-2 NON BEHAVIORAL

- Creative Dramatics
- Play Therapy
- Bibliotherapy
- Pharmacological Treatment

LINGKUNGAN BELAJAR : YANG HRS DIPERTIMBANGAN

- Motivate students.
- Provide a safe environment.
- Arrange room for positive social interaction.
- Provide structure and consistency.
- Maximize academic engagement.
- Use school-wide positive behavioral supports.
- Encourage cross-age tutoring.
- Provide individual and group contingencies.

TEKNOLOGI PEMBELAJARAN YG DPT DIGUNAKAN

- Computer-based activities
- Self-monitoring
- Self-paced lessons

YG HARUS DILAKUKAN OLEH **GURU UMUM**

- Provide effective instruction.
- Practice effective classroom management.
- Provide positive behavioral supports.
- Show respect for students.
- Plan relevant lessons.
- Differentiate instruction.
- Demonstrate sensitivity.
- Model desirable behaviors.