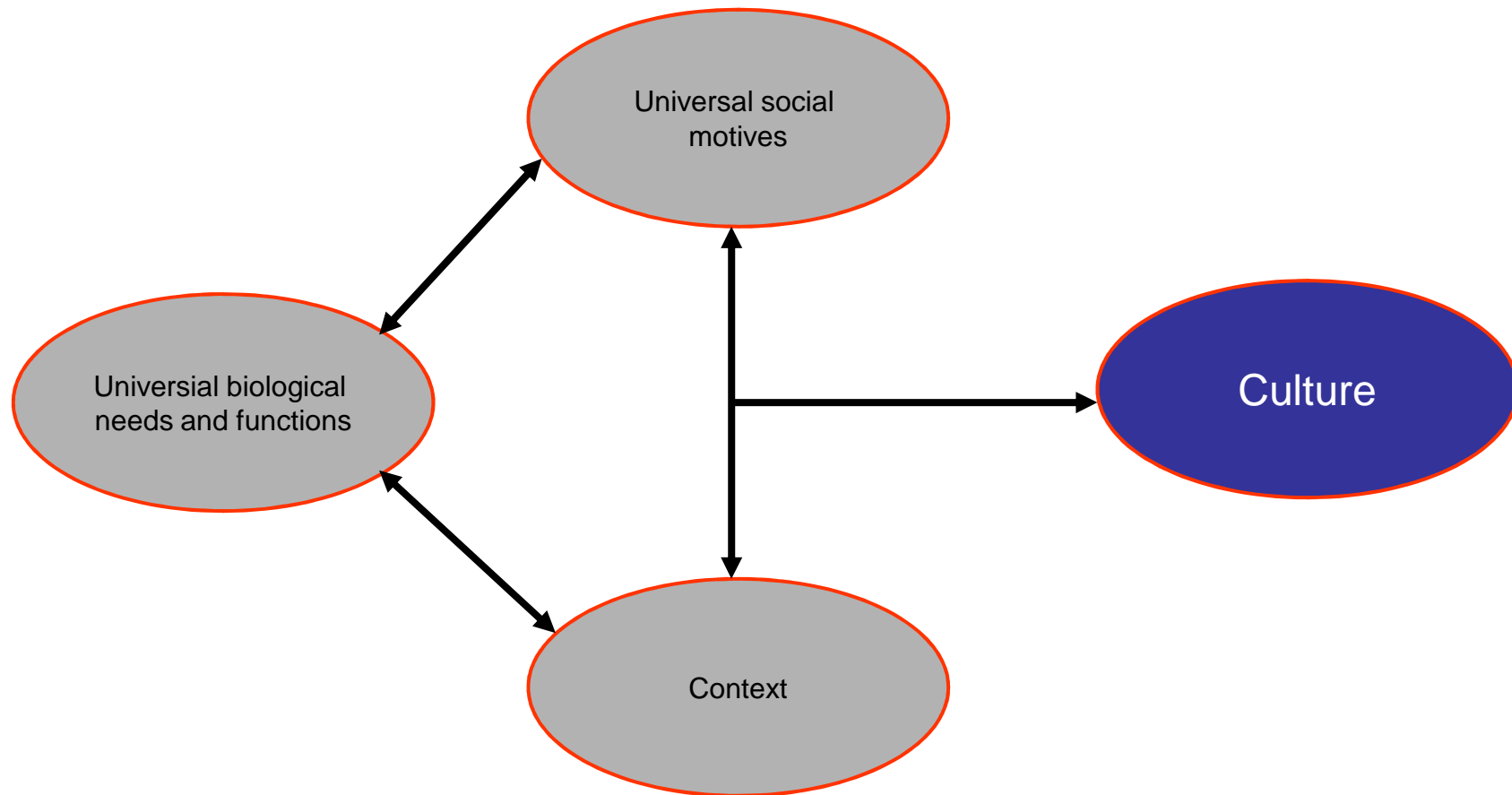


# **CULTURAL SENSITIVITY, BIAS, AND COMPETENCES IN COUNSELING**

**(STUDENT EXCHANGE INDONESIA-MALAYSIA, 2010)**

**SUNARYO KARTADINATA**

# HUMAN NATURE AND CULTURE



# Malinowski's Conceptualization of Basic Needs and Cultural Responses

## Basic Needs

Metabolism  
Reproduction  
Bodily comforts  
Safety  
Movement  
Growth  
Health

## Cultural Responses

Commissariat  
Kinship  
Shelter  
Protection  
Activities  
Training  
Hygiene

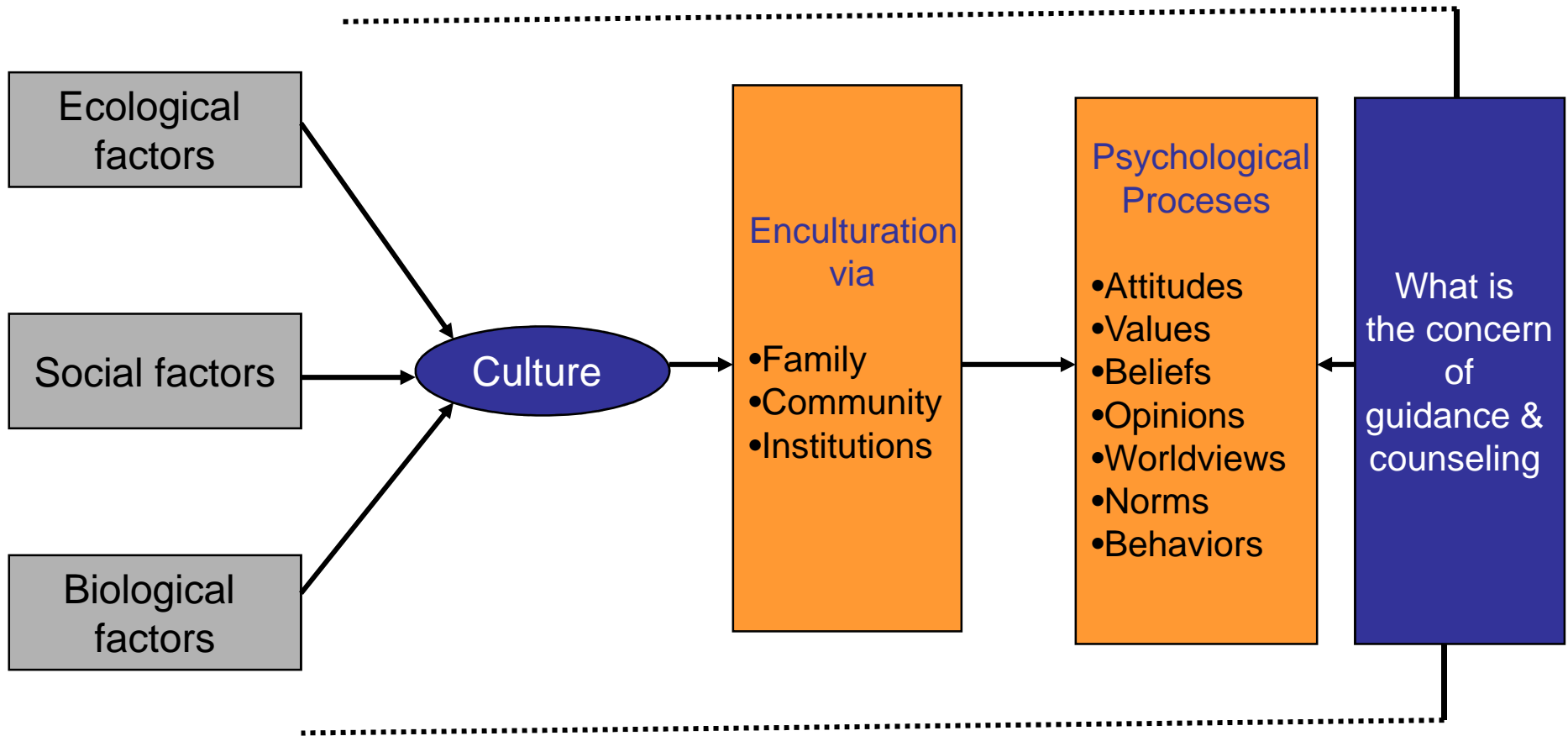
# THE UNIQUENESS OF HUMAN CULTURE

- **Language** → the unique ability to symbolize their physical and metaphysical world, to create sounds, to create rules connecting the symbols to meaning
- **Complex social cognition** →
  - ...what humans have and animals don't have...
  - Believe that people are intentional agents
  - Causal beliefs
  - Morality
  - Faith
  - Needs for continuous improvement

3 characteristics: complexity, differentiation, institutionalization

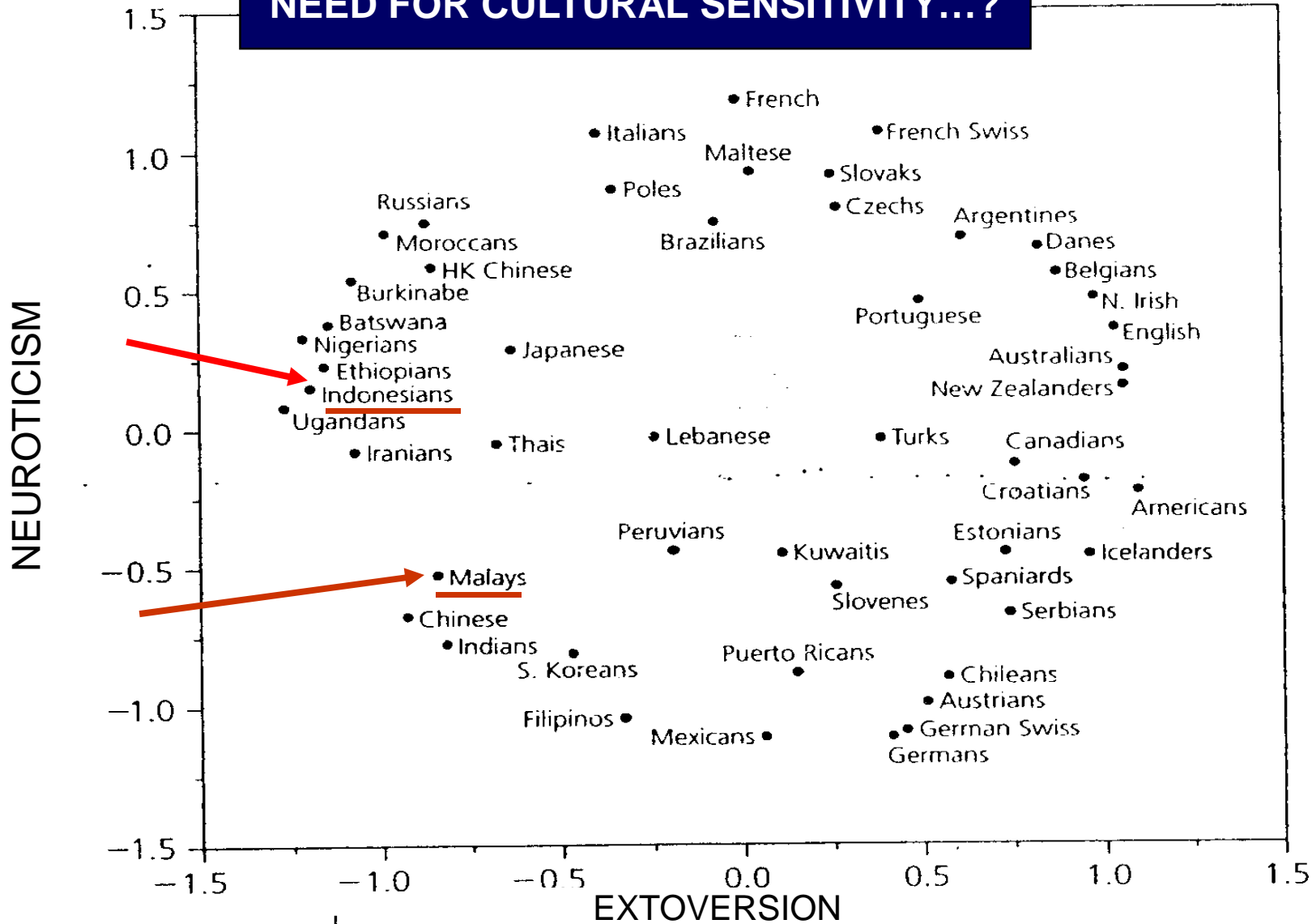
# Human Culture Development & Education

**Unique meaning and information systems  
shared by a group and transmitted across generation  
(but not a genetic process)  
allows the group to meet basic needs  
(Matsumoto & Juang)**



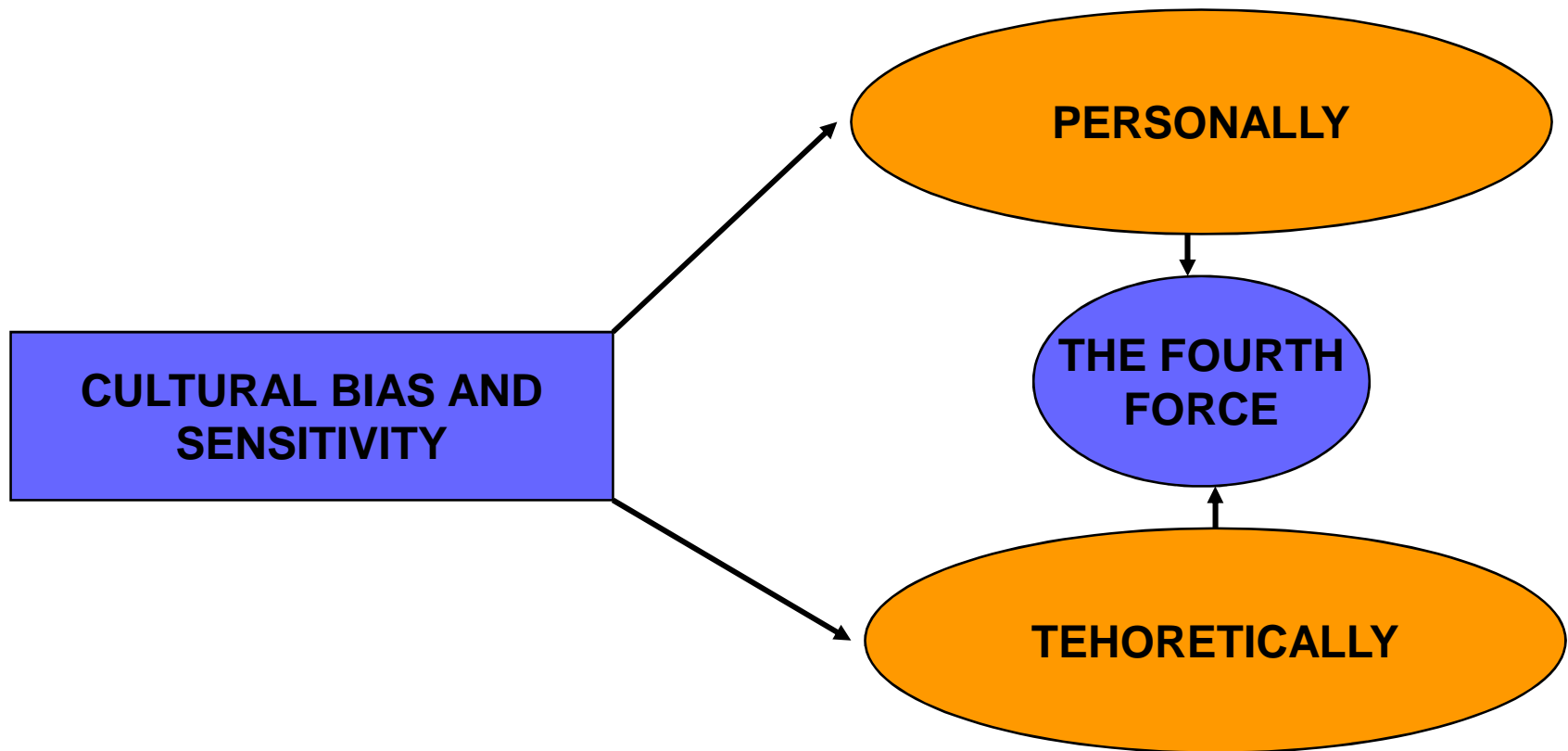
# How Does Culture Affect Behavior

**NEED FOR CULTURAL SENSITIVITY...?**



**Figure 10.1**

Graphic Display of Cultures from McCrae et al. (2005)



Rogerian: normality, congruence-incongruence, individualism, self and subjective experience, "here and now",



# CULTURAL COMPETENCE

COUNSELOR AWARENESS OF ONE'S OWN ASSUMPTIONS,  
VALUES, AND BIAS

**AWARENESS**

UNDERSTANDING THE WORLDVIEW OF CULTURALLY  
DIVERSE CLIENTS

**KNOWLEDGE**

DEVELOPING APPROPRIATE INTERVENTION STRATEGIES  
AND TECHNIQUES

**SKILLS**