

TANGGUNG JAWAB PROFESIONAL BIMBINGAN DAN KONSELING DALAM MEMBANGUN KETAHANAN BANGSA: SEBUAH PERSPEKTIF KULTURAL

*(PROFESSIONAL RESPONSIBILITY OF GUIDANCE AND COUNSELING IN DEVELOPING
NATION SURVIVAL: A CULTURAL PERSPECTIVE)*



**Kuliah Umum Jurusan Psikologi Pendidikan dan Bimbingan
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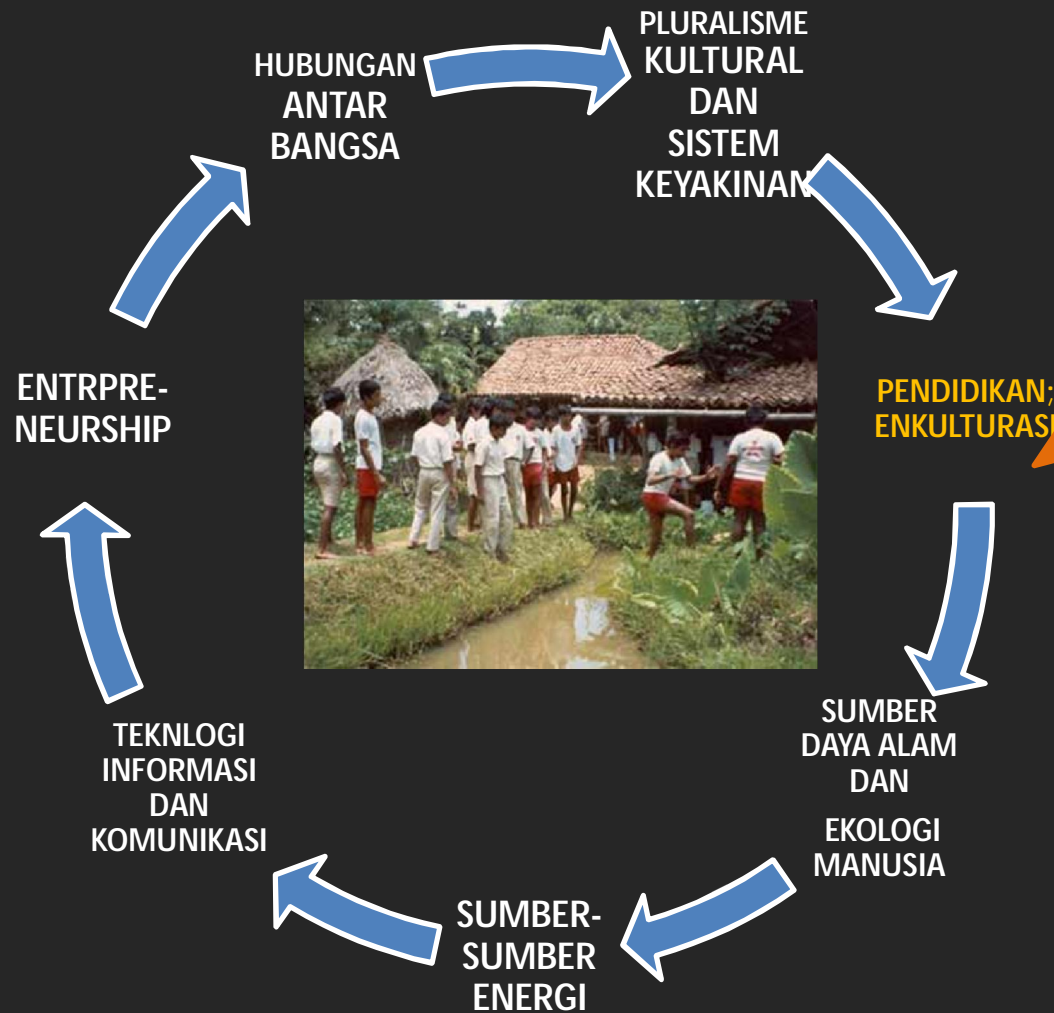
- Sesungguhnya Kami menciptakan kamu dari seorang laki-laki dan perempuan dan menjadikan kamu berbangsa-bangsa dan bersuku-suku supaya kamu saling mengenal (Q. 49:13)
- Sesungguhnya Allah tidak akan mengubah keadaan suatu kaum sehingga mereka mengubah keadaan yang ada pada diri mereka sendiri. (Q. 13:11)

GLOBALISASI: SISTEM ANTAR BANGSA

- **GLOBALISASI SEBUAH KENISCAYAAN**
- **Friedman (1999 in Leong: 2001)**
 - the international system that has replaced the cold-war system
 - has its own rules, logic, structures, and characteristics
 - changing the way in which people relate with each other, the way in which people relate to their work lives, and the way in which culture is defined
- **PELENTURAN KULUTRAL VS. PELEBURAN KULTURAL
(*CULTURAL RESILIENCE*) VS. (*CULTURAL FUSION*)**

KETAHANAN BANGSA (NATION'S SURVIVAL)

KELENTURAN KULTURAL (CULTURAL RESILIENCE)



2/11/2011 KETAHANAN KULTURAL (CULTURAL SURVIVAL)

Sunaryo Kartadinata, 2011

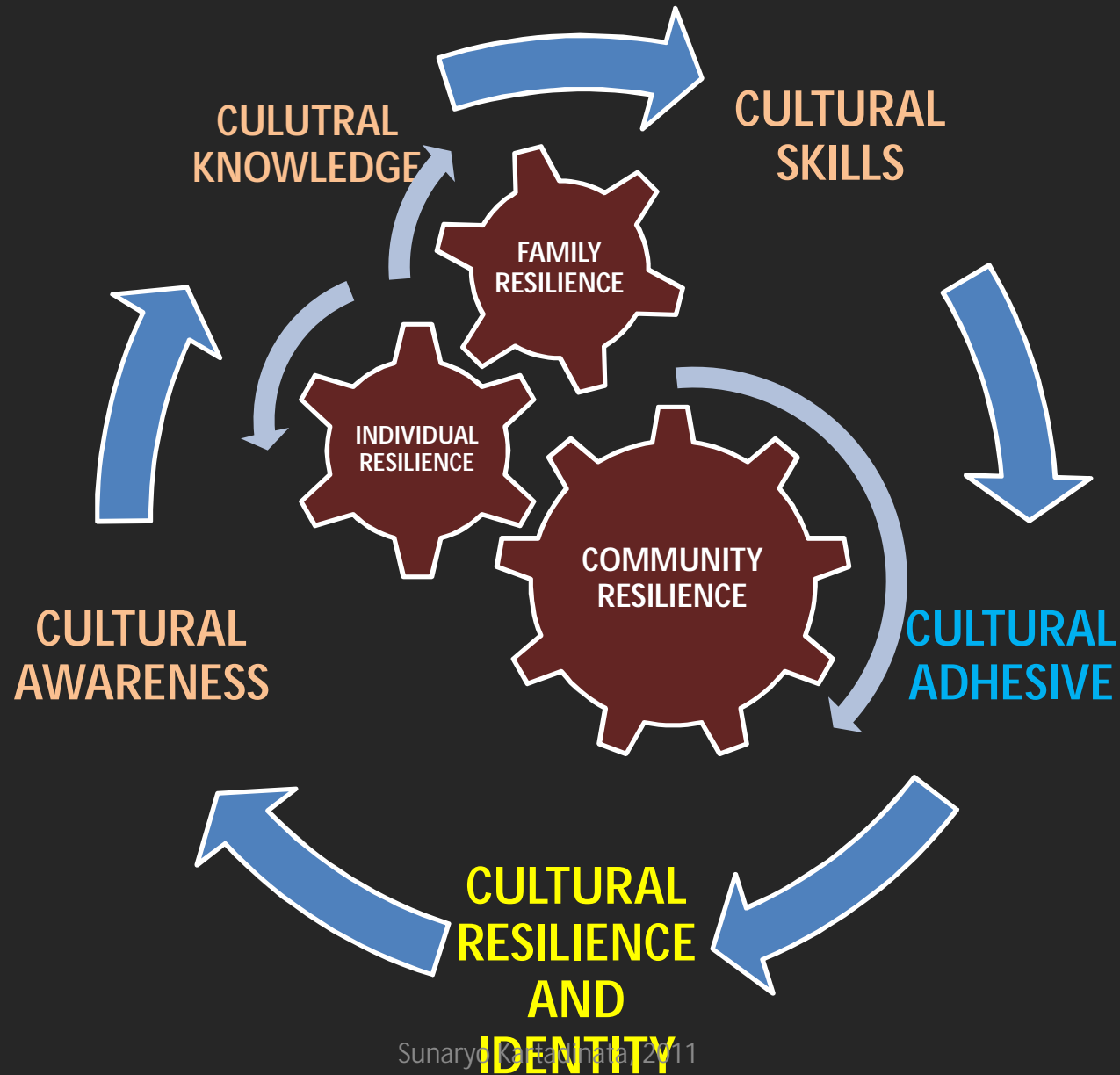
- **Cultural resilience** refers to a culture's capacity to maintain and develop **cultural identity** and critical cultural knowledge and practices
- **Cultural identity** is the identity of a group or culture, or of an individual as far as one is influenced by one's belonging to a group or culture
- Despite challenges and difficulties, a **resilient culture** is capable of maintaining and developing itself

Resilience refers to the ability of an individual, family, organization, or community to cope with adversity and adapt to challenges or change

✓ **Resilience is the ability to:**

- ✓ Bounce back
- ✓ Take on difficult challenges and still find meaning in life
 - ✓ Respond positively to difficult situations
 - ✓ Rise above adversity
 - ✓ Cope when things look bleak
 - ✓ Tap into hope
 - ✓ Transform unfavorable situations into wisdom, insight, and compassion
 - ✓ Endure

TOWARDS A THEORETICAL FRAMEWORK OF RESILIENCE DEVELOPMENT



MODEL OF DEVELOPMENT OF RESILIENCE

PROTECTIVE FACTORS:

Network factors

At least one safe attachment.
The family,
Friends
The larger network
Community institutions.

Abilities and skills

Physical attributes.
Appearance. Intellect.
Temperament
Practical skills
Social skills
To be of help to somebody.
Strenght from earlier experiences/challenges

Meaning, values, and faith

Sense of coherence
Meaning
Values such as:
Hope, love, honesty,
friendship, solidarity,
Faith, fellowship,
prayer

... OPERATE THROUGH THE FOLLOWING PROCESS:

1. Establishing and maintaining a positive self-image
2. Reducing the effect of risk factors
3. Reducing or cutting negative chain reactions and opening up for new opportunities

RESILIENCE

Adapted from Gunnestad, 2003

INDIVIDUAL RESILIENCE

	Demonstrating Resilience	Vulnerability Factors Inhibiting Resilience	Protective Factors Enhancing Resilience	Facilitators of Resilience
<p>Individual Resilience The ability for an individual to cope with adversity and change</p>	<ul style="list-style-type: none"> •Optimism •Flexibility •Self-confidence •Competence •Insightfulness •Perseverance •Perspective •Self-control •Sociability 	<ul style="list-style-type: none"> • Poor social skills • Poor problem solving • Lack of empathy • Family violence • Abuse or neglect • Divorce or partner breakup • Death or loss • Lack of social support 	<ul style="list-style-type: none"> •Social competence •Problem-solving skills •Good coping skills •Empathy •Secure or stable family •Supportive relationships •Intellectual abilities •Self-efficacy •Communication skills 	<ul style="list-style-type: none"> •Individuals •Parents •Grandparents •Caregivers •Children •Adolescents •Friends •Partners •Spouses •Teachers •Counselor •Faith Community

Organizational Resilience

Organizational Resilience The ability for a business or industry, including its employees, to cope with adversity and change

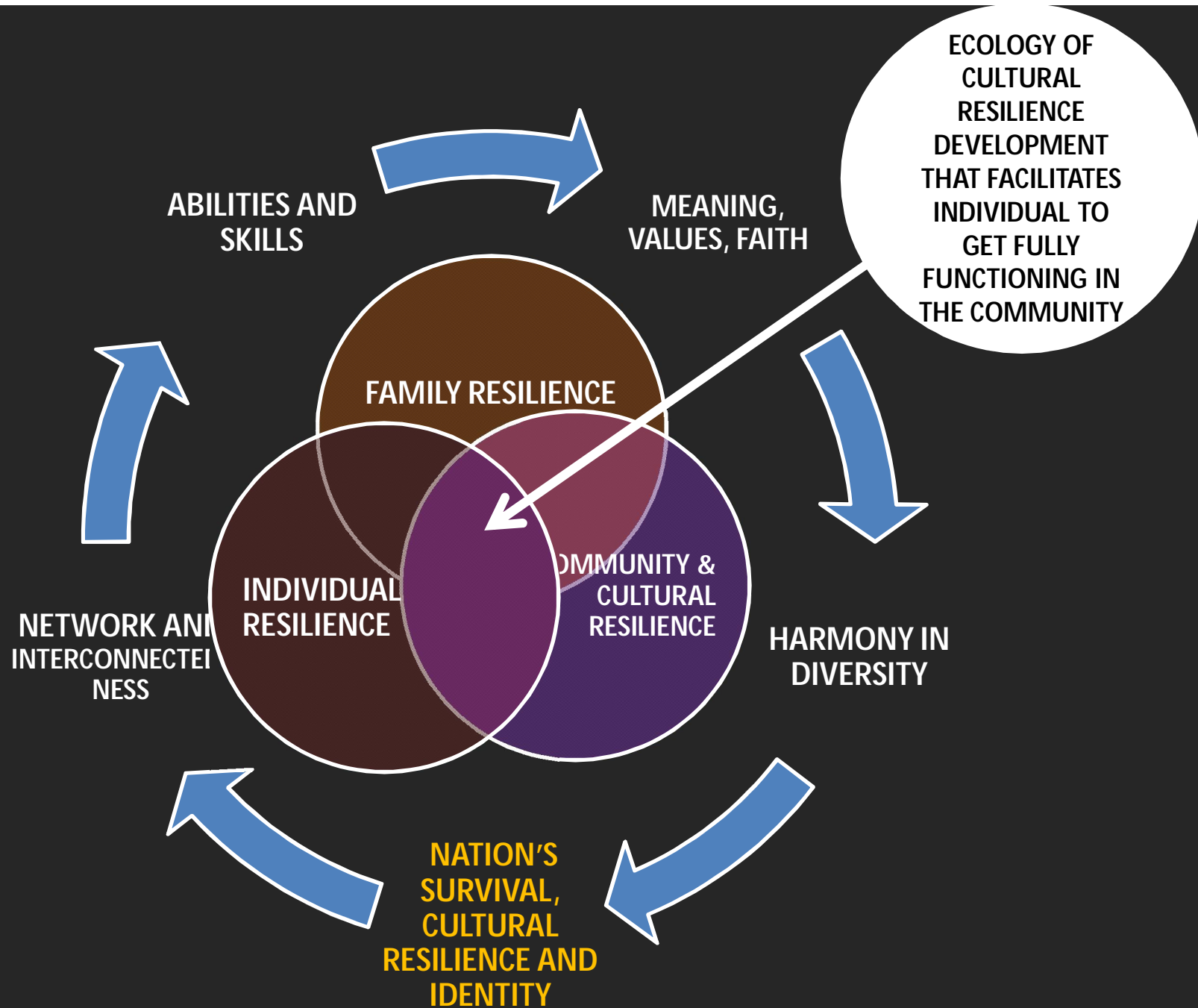
- Proactive employees
- Clear mission, goals, and values
- Encourages opportunities to influence change
- Clear communication
- Nonjudgmental
- Emphasizes learning
- Rewards high performance
- Unclear Expectations
- Conflicted expectations
- Threat to job security
- Lack of personal control
- Hostile atmosphere
- Defensive atmosphere
- Unethical environment
- Lack of communication
- Open communication
- Supportive colleagues
- Clear responsibilities
- Ethical environment
- Sense of control
- Job security
- Supportive management
- Connectedness among departments
- Recognition
- Employers
- Managers
- Directors
- Employees
- Employee assistance programs
- Other businesses

Community Resilience

Community Resilience The ability for an individual and the collective community to respond to adversity and change.

- Connectedness
- Commitment to community
- Shared values
- Structure, roles, and responsibilities exist throughout community
- Supportive
- Good communication
- Resource sharing
- Volunteerism
- Responsive organizations
- Strong schools
- Lack of support services
- Social discrimination
- Cultural discrimination
- Norms tolerating violence
- Deviant peer group
- Low socioeconomic status
- Crime rate
- Community disorganization
- Civil rivalry
- Access to Support services
- Community networking
- Strong cultural identity
- Strong social support systems
- Norms against violence
- Identification as a community
- Cohesive community leadership
- Community leaders
- Faith-based organizations
- Volunteers
- Nonprofit organizations
- Mosque/Churches/houses of worship
- Counselor & Support services staff
- Teachers
- Youth groups
- Boy/Girl Scouts
- Planned social networking events

(Adapted from Kelly, 2007)



PROFESSIONAL RESPONSIBILITY OF GUIDANCE AND COUNSELING

- PHILOSOPHICAL FOUNDATIONS
- RESEARCH ON CR DEVELOPMENT
- ROADMAP OF CULTURAL RESILIENCE DEV.
- CULTURAL RESILIENCE POLITICS
- COUNSELOR EDUCATION
- GUIDANCE AND COUNSELING INTERVENTION
(IN SCHOOL AND COMMUNITY SETTING)
 - Ø SCHOOL CULTURE è ECOLOGY OF CR DEV.
 - Ø ACCESSIBILITY



TERIMA KASIH