

# KARAKTERISTIK PERSPEKTIF LIFE-SPAN

- Lifelong (not the endpoint of dev or dominates)
- Multidimensional (consists of biological, cognitive, socio-emotional dimensions)
- Multidirectional
- Plastic
- Multidisciplinary (psychologist, sociologists, anthropologists, and medical)
- Contextual (biological, physical, cognitive, historical, social, cultural context)

# THE NATURE OF ADOLESCENCE

- is not the best times and the worst of times;
- is not a time of rebellion, crisis, pathology, and deviance;
- Is not “storm and stress” (1904);
- is of a time of evaluation, of decision making, of commitment, of carving out a place in the world;
- Is a time when individuals begin to assert themselves as distinct human beings

# DEFINING ADOLESCENCE

- A biological definition
- A psychological definition
- A Sociological definition

## PENDEKATAN STUDI TENTANG REMAJA

- The descriptive approach
- The designed approach
- The retrospective approach

# DEVELOPMENTAL TASKS

- The convergence of physical maturation with changing personal and social expectations confronts adolescents with new development tasks. These tasks represent our *culture's* of normal development at different point in life;
- Adolescents face eight developmental task (Havigurst, 1972);
- Central task: achieving a continuing and stable sense of self

# ISU-ISU SEPUTAR REMAJA

- During adolescence > psychological moratorium (a gap between the security of childhood and the autonomy of adulthood;
- Crisis (choosing among meaningful alternatives)
- Identity diffusion
- Identity foreclosure
- Identity moratorium
- Identity achievement