

**Anti-Social Behaviors in Primary School:  
Keeping Out of Trouble**

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**Abstract**

There are a variety of factors that contribute to primary students committing anti-social and criminal acts. Family break down over the past 40 years and the changing dynamics of family life, with nurseries becoming more common place for children to spend their days, are taking their toll on the behavior. They are facing a more anxious and tentative world, and often expected to know how to deal with the challenges they face, without issues being discussed or coping strategies taught to them. The aim of the 'Keeping Out of Trouble' program is to enable primary schools to provide interventions targeted at students who are, or are at risk of, committing criminal offences. Through developing students' awareness of victims, understanding of the consequences of their actions, exploration of sensitive and relevant topics, encouraging students to engage in self-reflection, developing ownership of their behavior and improving their problem-solving skills, primary students will develop the strategies, knowledge and understanding to support themselves in making informed choices about their behavior and future actions. The program consists of an initial session, followed by 16 group sessions and a final self-evaluation and target setting session. This essential activity design is based on a program that was developed by staff in the Youth Offending Team and The Hillingdon Pupil Referral Unit, who recognized that students needed more support from both agencies and decided to implement a new way of targeting individuals and their behaviors within the context of a supportive and solution focused environment with some correction and adaptation on Indonesia-setting.

Keyword: *Keeping Out of Trouble, Anti-Social*