

Analysis 1500 m: (100m sections)

scoring:

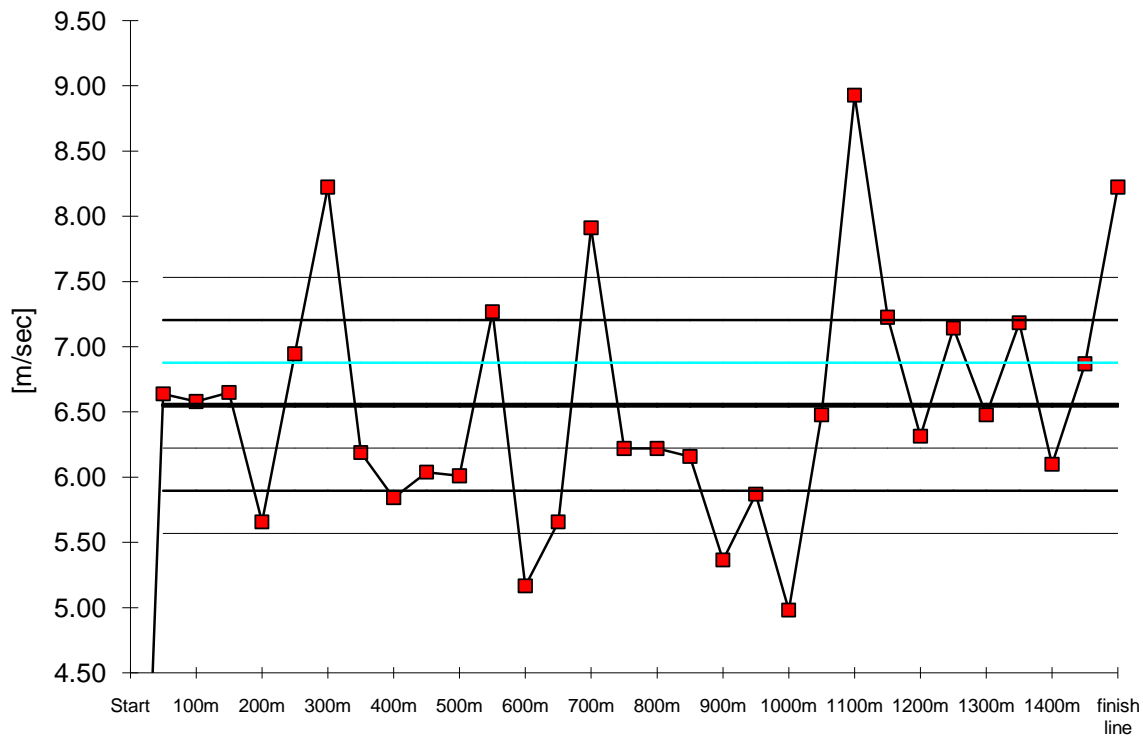
m			ti (100 m)	m/s	vø	85%	90%	95%	100%	105%
Start	1:23:13	12	1:23:13	0	0.00					
50m	1:23:21	0	1:23:21	7.53 sec	6.64	6.55	5.56789	5.8954	6.2229	6.55 6.87798
100m	1:23:28	15	1:23:29	7.60 sec	6.58	6.55	5.56789	5.8954	6.2229	6.55 6.87798
150m	1:23:36	3	1:23:36	7.52 sec	6.65	6.55	5.56789	5.8954	6.2229	6.55 6.87798
200m	1:23:44	24	1:23:45	8.84 sec	5.66	6.55	5.56789	5.8954	6.2229	6.55 6.87798
250m	1:23:52	4	1:23:52	7.20 sec	6.94	6.55	5.56789	5.8954	6.2229	6.55 6.87798
300m	1:23:58	6	1:23:58	6.08 sec	8.22	6.55	5.56789	5.8954	6.2229	6.55 6.87798
350m	1:24:06	8	1:24:06	8.08 sec	6.19	6.55	5.56789	5.8954	6.2229	6.55 6.87798
400m	1:24:14	22	1:24:15	8.56 sec	5.84	6.55	5.56789	5.8954	6.2229	6.55 6.87798
450m	1:24:23	4	1:24:23	8.28 sec	6.04	6.55	5.56789	5.8954	6.2229	6.55 6.87798
500m	1:24:31	12	1:24:31	8.32 sec	6.01	6.55	5.56789	5.8954	6.2229	6.55 6.87798
550m	1:24:38	9	1:24:38	6.88 sec	7.27	6.55	5.56789	5.8954	6.2229	6.55 6.87798
600m	1:24:48	1	1:24:48	9.68 sec	5.17	6.55	5.56789	5.8954	6.2229	6.55 6.87798
650m	1:24:56	22	1:24:57	8.84 sec	5.66	6.55	5.56789	5.8954	6.2229	6.55 6.87798
700m	1:25:03	5	1:25:03	6.32 sec	7.91	6.55	5.56789	5.8954	6.2229	6.55 6.87798
750m	1:25:11	6	1:25:11	8.04 sec	6.22	6.55	5.56789	5.8954	6.2229	6.55 6.87798
800m	1:25:19	7	1:25:19	8.04 sec	6.22	6.55	5.56789	5.8954	6.2229	6.55 6.87798
850m	1:25:27	10	1:25:27	8.12 sec	6.16	6.55	5.56789	5.8954	6.2229	6.55 6.87798
900m	1:25:36	18	1:25:37	9.32 sec	5.36	6.55	5.56789	5.8954	6.2229	6.55 6.87798
950m	1:25:45	6	1:25:45	8.52 sec	5.87	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1000m	1:25:55	7	1:25:55	10.04 sec	4.98	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1050m	1:26:03	0	1:26:03	7.72 sec	6.48	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1100m	1:26:08	15	1:26:09	5.60 sec	8.93	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1150m	1:26:15	13	1:26:16	6.92 sec	7.23	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1200m	1:26:23	11	1:26:23	7.92 sec	6.31	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1250m	1:26:30	11	1:26:30	7.00 sec	7.14	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1300m	1:26:38	4	1:26:38	7.72 sec	6.48	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1350m	1:26:45	3	1:26:45	6.96 sec	7.18	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1400m	1:26:53	8	1:26:53	8.20 sec	6.10	6.55	5.56789	5.8954	6.2229	6.55 6.87798
1450m	1:27:00	15	1:27:01	7.28 sec	6.87	6.55	5.56789	5.8954	6.2229	6.55 6.87798
finish line	1:27:06	17	1:27:07	6.08 sec	8.22	6.55	5.56789	5.8954	6.2229	6.55 6.87798

Analysis 1500 m: (100m sections)

name, first name **GÜSSOW, Christian**
 club/country **TSV Kronshagen**
 meeting: **DJM**
 location: **Rhede**
 date: **7/9/1995**
 race: **final**
 scoring: **Trainerakademie-Praktikum / H. Hommel (DLV) / P. Salzer (OSP Stuttgart)**

result: **3:53,21**
 rank: **2**
 analysis by: **timecode**

running tactic



intervall and split times		
distance	split time	t intervall 100m
100m	15.13	15.13 sec
200m	31.49	16.36 sec
300m	44.77	13.28 sec
400m	61.41	16.64 sec
500m	78.01	16.60 sec
600m	94.57	16.56 sec
700m	109.73	15.16 sec
800m	125.81	16.08 sec
900m	143.25	17.44 sec
1000m	2:41.81 min	18.56 sec
1100m	175.13	13.32 sec
1200m	189.97	14.84 sec
1300m	204.69	14.72 sec
1400m	219.85	15.16 sec
1500m	3:53.21 min	13.36 sec