

LESSON PLAN UNIT

Subject : PHYSICAL EDUCATION AND SPORT
 Topics units : BASIC Cha-Cha WALK AND DANCE
 Lesson's objectives : Students are able to demonstrate basic walk patterns and its variation in cha cha dance lesson
 Number of lessons : two lessons

Units	Specific lessons objectives (performance indicator)	Sub units of lessons	Instructional Process (Students' activities)	Task and evaluation	Media & Reference
10	Students are able to practice and demonstrate an adequate level of mastery into the basic cha-cha walk patterns	a. Walk pattern 4 and basic walk of chac-cha dance b. Cha-cha walk step forward and backward c. Cha-caha walk step sideward left and right d. Cha-cha walk turning around e. Variation and combined walk steps.	Receiving information from the lecturer, posing questions, mimicking, seeking for the case, doing the task, and discussing among students.	Elaborating topics related text and practicing the tasks Performing the task in group	- Tape recorder - Cassette - VCD and LCD - Dance book
11	Students are able to demonstrate cha-cha dance in a complete routine with partners.	a. Variation and combined walk steps (repetition) b. Combining all of the routine in a row with partners.	Receiving information from the lecturer, posing questions, mimicking, doing the task, seeking own routine, , and discussing among students.	Elaborating topics related text and practicing the task. Performing the task in small group and partners	- Tape recorder - Cassette - VCD and LCD - Dance book