

**Motivated Active Behavior of Student in Exploiting Leeway**  
**( Study At Student Prodi Olahraga SPs UPI Bandung Angkatan 2007)**

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**Abstract**

The purpose of this research was to find out motive of student to fill leisure indium time, to analysis and got cleared information about student motive to fill leisure indium time, then to get cleared information about the differences motive of student on fill leisure indium time. Method was used indium this research is descriptive method; subject and object is student of sport discipline at post graduated school of UPI 2007 was 12 people. The tools of collecting data that used was enquette, observation, and interview. Analysis data used was quantitative and qualitative techniques. The result of this result showed that motive of student to fill leisure indium time is existing as of ldf, additional friendship, social life, increasing feeling of eat, feeling belonging people, keeping body condition, improve as of their health, skill, and additional experiences.

**Keywords: Motivation, active behavior, leisure time**

**A. Introduction**

Leeway was all important part for every people. As it is known that intrinsically human life especially student always is marked with various activities or activity, like active learning, privat, courses, and worked, the always tied by active time, in meaning of the activity relating to schedule which has been specified. But in fills activity outside the hour clock it is of course requires time, seen usage of leeway many in exploits as mode to reach purpose of as according to requirement, through activity selected basically will get satisfaction, on the contrary failure in fulfilling requirement will get disappointment to development of life hereinafter.

Requirement of all insiders this thing is student in general which must fulfilled was requirement would activities in exploiting the leeway, this thing is in line with opinion Wing Haryono ( 1978) mentions understanding of leeway as follows : " Leeway was empty time at the time of such people can rest, recreation and its, leisure time was abundant time or time at the time of such people relative free to do something". In this case leeway was unattached free time from rutinity activity, useful to look for hobby, relaxation and x'self expansion.

In fills leeway every student can determine his own activity after her fancy, knowable in general active time especially the mahaiswa very limited that is counted 7 - 8 hour(clock perhari, while bigger zero time between 8 - 9 hour(clock perhari from active time, that counted outside hour(clock night rest, not to mention in adding with week and other days off.

In its(the activity all people especially the mahaiswa it is of course differs in. This thing relates to motivation of each itself individual. In harmony with what laid open by Filmors cited,

by Efendi ( 1989) as follows : " motivation of Root he/she said is motif, causing motivation is interpreted as follows : Motivation is an energizing condition of the organism that serves to direct that organism toward the field goal of certain class". Based on the explanation is inferential that motivation interpreted as a condition ( strenght) what is movement of organism ( individual) to reach a purpose or some intention of certain storeys, or equally the motif causes incidence [of] a kind of strength that be individual done, acts, or comports.

About leeway hardly relating to recreation activity. Because activities of recreation only usually is done during its(the luang,sebalik leeway applied for recreation. According To Douglass in Yudha ( 1999) express that " leeway was recreation". This is function of activity of recreation lessens situation that is is not depress through rest and interval in exploiting a few leeways owned. So function of activity of recreation namely to give refreshing, releases momentary responsibility, leaves routine activity which monotone.

The advance harmony information and technology, activity of the students in general can be done around public area, by the way of exploiting supporting facilities or the facility like supporting facilities for the athletics, with existence of supporting facilities for the good athletics of all circles but especially student can apply the supporting facilities to fill leeway, basically passed activity is having athletic for the agenda of exploiting of leeway had positive values, apart from at athletic activity when leisir can be done in easy going and simple situation.

Based on description above writer interests to check about " Motivated Active Behavior of Student In Exploiting Leeway".

## **B. Research Problem**

Based on background which writer elaborated hence research problem in general was Bagaimana motivation of active behavior of student in exploiting their leeway?

## **C. Research Methodologies**

Research method applied by writer in this research is descriptive method. This method applied as a mean to description, explains, depicts event and case of the a period of now. Descriptive research method description can one variables or more than a research.

This descriptive research method utilized on the basis of consideration of description and intention from research, to give picture about active behavior of student in exploiting the leeway. Population and research sample is data source. Research in general aim to find generalizing. But if researcher must investigate overall of population often not possibly, remembers some limitations owned by man, like cost, time etcetera. Therefore can be done demarcation of population, as expressed by by Sudjana ( 1988:71) that : " demarcation of population is done by differentiating population of target ( target of population), and population is reached ( accessible population). The demarcation can happened in some cases, level, space, time, karakteristik, etc.

Other opinion lays open if population amounts less than 100 hence is better if the population made as research subject entirely or equally Populasi total. Therefore, in this research researcher takes all population amounts as research sample that is 12.

In this research writer applies enquette as a means of its(the data compiler. Referring to the enquette or questionnaire explained by Arikunto ( 1993:124) as follows : " Questionnaire is a number of questions is written applied to obtain information from responder in meaning of report about the person, or things which is he knows.."

Enquette in this research consisted of component or variable formulated through component sub,. indicators and question. Item the question or statement is image of about motivation of rock young man taruna in following athletics futsal. Form of enquette applied in this research is enquette is closed. To facilitate in compilation of item question or statement of enquette and alternative of available answer, hence responder only be allowed to answer one of alternative of answer. Answer told by responder based on his own opinion or a thing experienced by by it. Despitefully, data collector applied by writer that is with interview and obsevation, this thing done for data validation obtained through ngket. Counting of data executed in this research is quantitative counting and qualitative, with procedure executed as according to quantitative counting standard procedure and qualitative.

## **D. Discussion**

### **D. 1. Discusion**

Based on result of processing of data analysis about Motive of student active behavioral in ordert to fullfil a leisure time (the bearing with physiological requirement, security, social, selfregard, and self actualization, obtained result as follows:

About Motivation of Active Behavior of Student In Filling Leeway there is active behavior coming from in young man x'self x'self ( intrinsic motivation) and active behavior coming from outside young man x'self ( extrinsic motivation). Related to the thing shown from behavior of student in fills leeway. For example there are active student someone filled leeway without bothering invitation of other student. He very active and seriously in doing the activity. Behavior of the student indicates that s(he to have requirement of like to take care of condition of body or physiological, sense of belonging, growth, and actualixation it'self. Besides there is student in doing activity must be invited by others ( other student). Behavior of the student showed that he has social need.

About Motivation of Active Behavior of Student In Filling Leeway based on requirement unmatched to requirement hierarchy posed at with percentage amount obtained as follows:

1. Physiological Requirement, gets criterion very well, and assessed to be more dominantly to behavior of student in fills leeway.
2. Requirement of Security, gets good criteria, and assessed by dominance to behavior of student in fills leeway
3. Social need, gets enough criteria, and assessed unsatisfying dominant to behavior of student in fills leeway
4. Requirement of Self regard, gets criteria is less, and assessed not dominant to behavior of student in fills leeway
5. Requirement of Self actualization, gets good criteria, and assessed by dominance to behavior of student in fills leeway

From big acquirement of percentage every the requirement, behavior of student in fills leeway, that physiological requirement is essential requirement accompanied by requirement of security, aktulisation of x'self, social and selfregard. So writer gets picture that man experiences life do not forever according to requirement hierarchy concept of like physiological requirement, both

requirement of security, third social need, fourth of requirement of selfregard, and fifth of requirement of self actualization. At the time of other closes possibility that essential requirement of student Fisiologis, security, self actualization, social, and selfregard.

## **E. Conclusion and Suggestion**

### *1. Conclusion*

Based on result of processing and data analysis from research, hence can pulled conclusion as follows : Image of motivation of student in fills leeway was for the agenda of x'self existence, adds friendship, interaction, takes care of condition of body, adds Iusted hence, taste is owned by others, and increases body health, uplifts skill, and adds experience.

### *2. Suggestion*

From some conclusions which has been showed in research, hence as suggestion from writer for example as follows :

1. That student always filled leeway with active activity like athletics, causing can be made media to support requirement of life like physiological requirement, security, social, selfregard, and self actualization.
2. That student in fills leeway with active behavior usualy is done regularly and planned, so that values which implied in the activity can be felt the benefit.
3. local University and goverment suggested to provide sarana-dan supporting facilities pre which able to be exploited by student in fills the leeway.

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