

METODE KERJA VIRTUIL (*Virtual Work Method*)

Metode ini dapat digunakan untuk menyelesaikan struktur yang cukup kompleks, dengan cara ini kita meninjau keseimbangan energi dari struktur tersebut ketika mengalami mekanisme runtuhnya. Pada prinsipnya saat runtuh atau terjadi mekanisme, struktur akan mengalami deformasi-deformasi sehingga terjadi ; usaha luar $\Sigma W.\delta$ dan usaha dalam $\Sigma M_p.\theta$

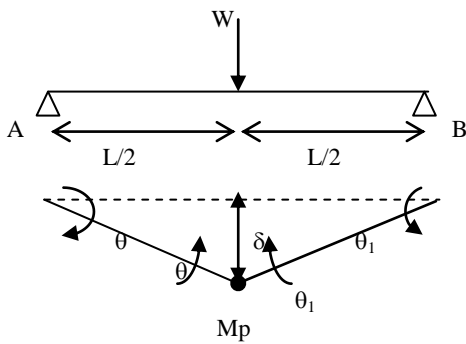
Kondisi keseimbangan menghendaki kerja/ usaha luar sama dengan kerja/ usaha dalam , yaitu $\Sigma W.\delta = \Sigma M_p.\theta$

Metode ini berdasarkan teorema batas atas (Dalil kinematis), beban runtuh yang dihasilkan akan sama ataupun lebih besar dari nilai sebenarnya.

Prosedur perhitungannya:

1. tentukan lokasi sendi plastis yang mungkin terjadi, yaitu pada tempat beban titik, titik-titik perletakan, titik sambungan engsel, titik pada gaya gesernya nol (pada beban merata), dan titik dimana terdapat momen lentur maksimum.
2. pilih kemungkinan mekanisme bebas (*independent mechanism*) dan mekanisme gabungan (*composite mechanism*)
3. selesaikan persamaan kesetimbangan dengan prinsip kerja virtual dan tentukan beban runtuhnya
4. Periksa apakah $M \leq M_p$ pada semua tampang

Contoh : Balok sederhana (beban ditengah)



$$\tan \theta = \frac{\delta}{L/2}, \quad \theta = \text{Kecil}$$

$$\theta = \frac{\delta}{L/2}; \quad \delta = 1/2 \cdot \theta \cdot L; \quad \theta = \theta_1$$

Mekanisme runtuh

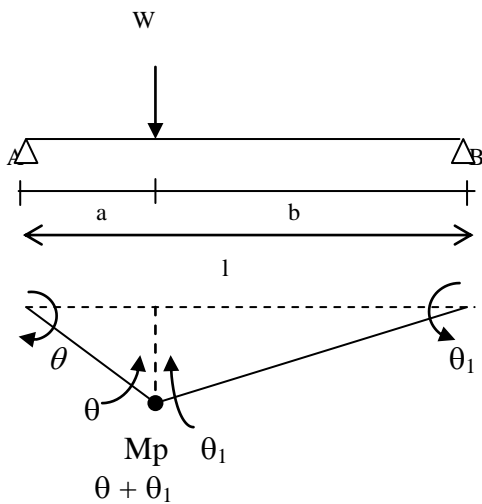
$$\text{Usaha luar} = W \cdot \delta = W \cdot 1/2 \cdot \theta \cdot L$$

$$\text{Usaha dalam} = M_p \cdot 2\theta$$

$$\text{Keseimbangan : } W \cdot 1/2 \cdot L \cdot \theta = M_p \cdot 2\theta$$

$$\text{jadi : } W_c = \frac{4M_p}{L}$$

Contoh : Balok sederhana (beban sembarang)



$$\delta = a \theta = b \theta_1$$

$$\theta_1 = \frac{a}{b} \theta$$

Mekanisme runtuh

$$\text{Usaha luar} = w \cdot \delta$$

$$= w \cdot a \cdot \theta$$

$$\text{Usaha dalam} = M_p (\theta + \theta_1)$$

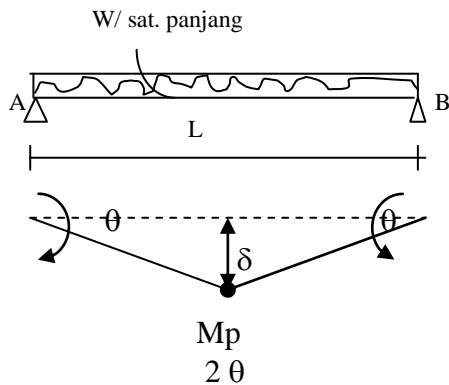
$$= M_p \left(\theta + \frac{a}{b} \theta \right)$$

$$= M_p \theta \left(\frac{b+a}{b} \right) = M_p \theta \frac{L}{b}$$

$$\text{Persamaan keseimbangan : } W_c \cdot a \cdot \theta = M_p \cdot \theta \cdot L/b$$

$$W_c = \frac{M_p \cdot L}{a \cdot b}$$

Contoh : Balok sederhana (beban merata)



$$\delta = \frac{1}{2} \cdot L \cdot \theta$$

$$\begin{aligned} \text{Usaha luar} &= W \cdot \delta \cdot \frac{1}{2} \\ &= W \cdot \frac{1}{2} L \cdot \theta \cdot \frac{1}{2} \\ &= \frac{1}{4} W \cdot L \cdot \theta \end{aligned}$$

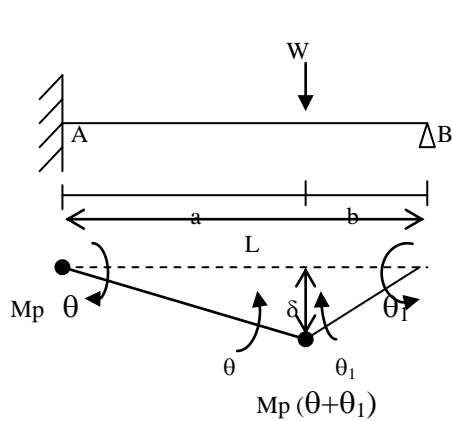
$$\begin{aligned} \text{Usaha dalam} &= M_p \cdot 2 \theta \\ \text{Keseimbangan} &= \frac{1}{4} W_c \cdot L \cdot \theta = M_p \cdot 2 \theta \end{aligned}$$

$$W_c = \frac{8M_p}{L}$$

Atau : usaha luar = $\frac{\text{besarnya beban}}{\text{unit length}} \times \text{luas diagram mekanisme runtuh dibawah beban}$

$$= \frac{W_c}{L} \times \left(\frac{1}{2} \cdot L \cdot \delta \right) = \frac{W_c}{L} \times \frac{1}{2} \cdot L \cdot \frac{1}{2} \cdot L \cdot \theta = \frac{W_c \cdot L \cdot \theta}{4}$$

Contoh : Balok jepit – sendi (beban titik)



$$\delta = a \cdot \theta = b \cdot \theta_1$$

$$\theta_1 = a/b \cdot \theta$$

$$\begin{aligned} \text{Usaha luar} &= W \cdot \delta \\ &= W \cdot a \cdot \theta \end{aligned}$$

Mekanisme runtuh

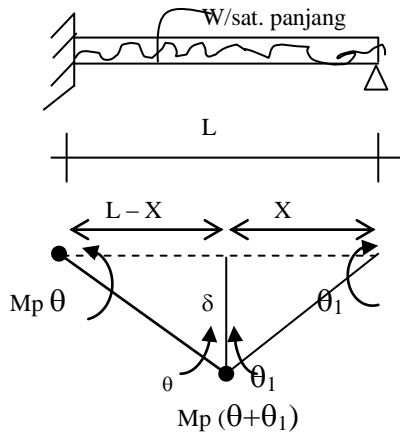
$$\begin{aligned} \text{Usaha dalam} &= M_p (\theta + \theta_1) + M_p \cdot \theta \\ &= M_p \theta + M_p \theta_1 + M_p \theta \\ &= 2 M_p \cdot \theta + M_p a/b \cdot \theta \end{aligned}$$

Persamaan keseimbangan : Usaha luar = usaha dalam

$$W \cdot a \cdot \theta = 2 M_p \cdot \theta + M_p \cdot a/b \cdot \theta$$

$$\begin{aligned} W_c &= \frac{2M_p + M_p \cdot a/b}{a} = \frac{(2 + a/b) M_p}{a} = \frac{2b + a}{b \cdot a} M_p \\ &= \frac{b + b + a}{b \cdot a} M_p = \frac{b + L}{b \cdot a} M_p \end{aligned}$$

Contoh : Balok jepit – sendi (beban merta)



$$\delta = (L - x) \theta = x \theta_1$$

$$\theta_1 = \frac{(L - x)}{x} \theta$$

Usaha luar = beban x rata-rata

$$= Wc \cdot L \cdot \frac{1}{2} (L - x) \theta$$

$$= \frac{1}{2} Wc L (L - x) \theta$$

Usaha dalam = $M_p \cdot \theta + M_p (\theta + \theta_1)$

$$= M_p \theta + M_p \left(\theta + \frac{L - x}{x} \theta \right)$$

$$= M_p \left(1 + 1 + \frac{L - x}{x} \right) \theta$$

$$= M_p \left(\frac{L + x}{x} \right) \theta$$

Usaha luar = usaha dalam

$$\frac{1}{2} Wc L (L - x) \theta = M_p \left(\frac{L + x}{x} \right) \theta$$

$$M_p = \frac{Wc \cdot L}{2} \cdot \frac{x(L - x)}{L + x}$$

$$d \frac{u}{v} = \frac{v \cdot du - u \cdot dv}{v^2}$$

$M_p \text{ max} \rightarrow \text{jika } \frac{dM_p}{dx} = 0$

$$\frac{dM_p}{dx} = 0 = \frac{WcL}{2} \frac{\{(L + x)(1(L - x) + x(-1)) - x(L - x)\}}{(L + x)^2}$$

$$(L + x)(L - 2x) - x(L - x) = 0$$

$$\rightarrow L^2 - 1xL - 2x^2 - xL + x^2 = 0$$

$$L^2 - 2xL - x^2 = 0$$

$$x^2 + 2xL - L^2 = 0$$

$x^2 + 2xL - L^2 = 0$, maka : $x = 0,4142 L$

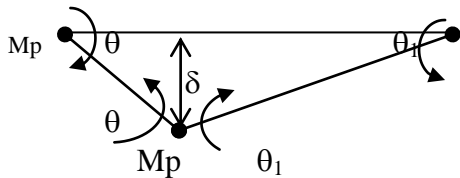
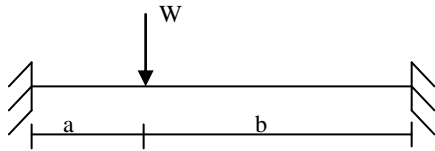
$$M_p = \frac{Wc \cdot L}{2} \cdot \frac{x(L - x)}{L + x}$$

$$= \frac{Wc \cdot L}{2} \cdot \frac{0,4142L(L - 0,4142L)}{L + 0,4142}$$

$$Wc = 11,66 \frac{M_p}{L^2}$$

$$\text{Jadi : } Wc = 11,66 \frac{M_p}{L^2}$$

Contoh : Balok jepit - jepit (beban titik)



Mekanisme runtuh:

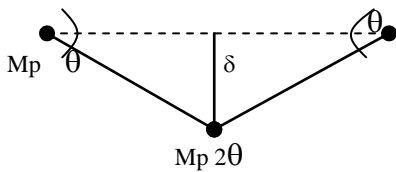
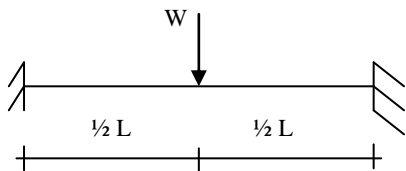
Usaha dalam:

$$\begin{aligned}
 &= Mp \cdot \theta + Mp \cdot \theta_1 + Mp (\theta + \theta_1) \\
 &= Mp \cdot \theta + Mp \cdot \frac{a}{b} \theta + Mp (\theta + \frac{a}{b} \theta) \\
 &= 2 Mp (\theta (1 + \frac{a}{b})) \\
 &= 2 Mp \theta \left(\frac{a+b}{b} \right)
 \end{aligned}$$

$$UL = UD \quad \rightarrow \quad W_C \cdot a \theta = 2 Mp \theta \left(\frac{a+b}{b} \right)$$

$$W_C = 2 Mp \cdot \frac{L}{a \cdot b}$$

Contoh : Balok jepit – jepit (beban titik di tengah)



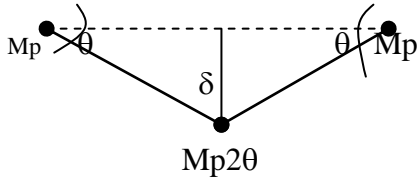
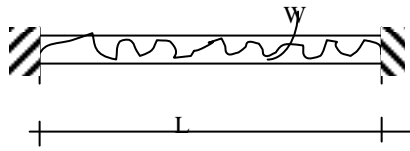
$$\delta = \frac{1}{2} L \cdot \theta$$

$$UL = W_C \cdot \delta = W_C \cdot \frac{1}{2} L \cdot \theta$$

$$UD = 2 Mp \theta + Mp \cdot \theta + Mp \theta = 4 Mp \cdot \theta$$

$$UL = UD \rightarrow W_C = \frac{4Mp}{\frac{1}{2}L} = \frac{8Mp}{L}$$

Contoh: Balok jepit – jepit (beban merata)



$$UL = \frac{Wc}{L} x \left(\frac{1}{2} L \frac{1}{2} \theta \cdot L \right) = \frac{Wc \cdot L \cdot \theta}{4}$$

Atau:

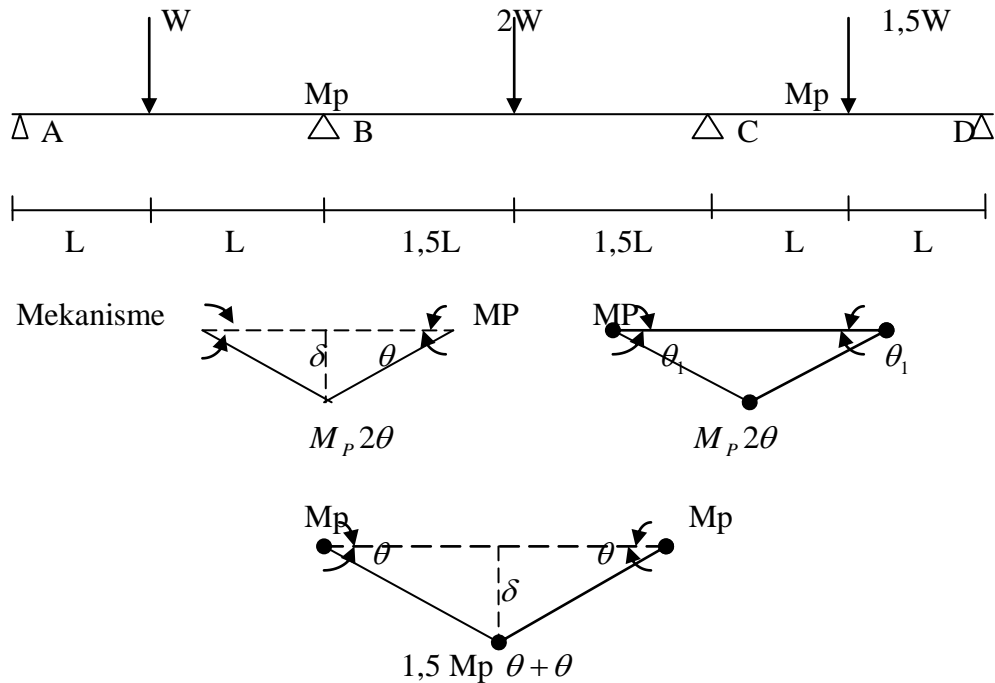
$$UL = \frac{1}{2} \cdot Wc \cdot \delta = \frac{1}{2} Wc \cdot \frac{1}{2} L \cdot \theta$$

$$= \frac{Wc \cdot L \cdot \theta}{4}$$

$$UD = 4 Mp \theta$$

$$UL = UD \rightarrow Wc = \frac{4Mp}{\frac{1}{4}L} = 16 \frac{Mp}{L}$$

Contoh: Balok menerus (beban titik)



Pada balok AB → $UL = Wc \cdot L \cdot \theta$
 $UD = M_p \cdot 2\theta + M_p \cdot \theta$ } $Wc = \frac{3M_p}{L}$

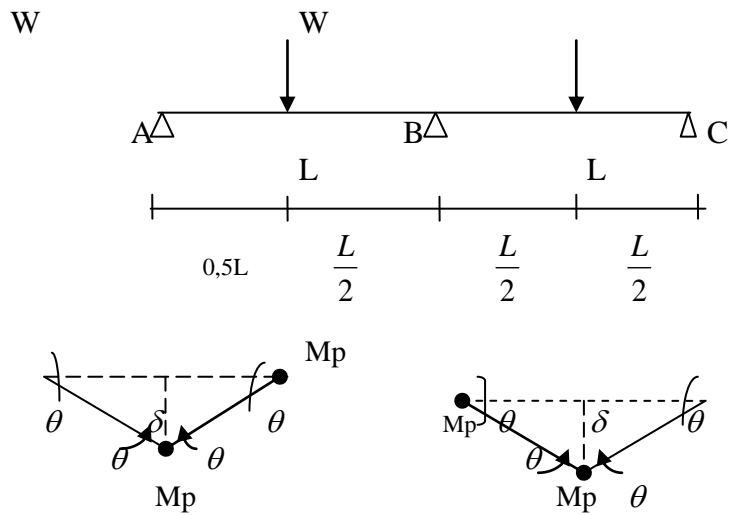
Pada balok CD → $UL = 1,5 Wc \cdot L \cdot \theta_1$
 $UD = M_p \cdot \theta_1 + M_p \cdot 2\theta_1$ } $Wc = \frac{3M_p}{1,5L} = \frac{2M_p}{L}$

Pada balok BC → $UL = 1,5 Wc \cdot 1,5 L \cdot \theta$
 $UD = M_p \cdot \theta + M_p \cdot \theta + 1,5M_p \cdot 2\theta$ } $Wc = \frac{5M_p}{3L} = \frac{5}{3} M_p/L$

$$\theta = \frac{\delta}{1,5L}$$

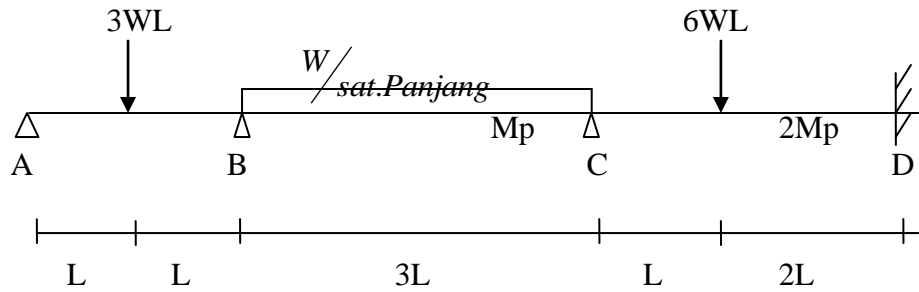
Yang terkecil $Wc = \frac{5}{3} M_p/L$ (yang menentukan)

Contoh

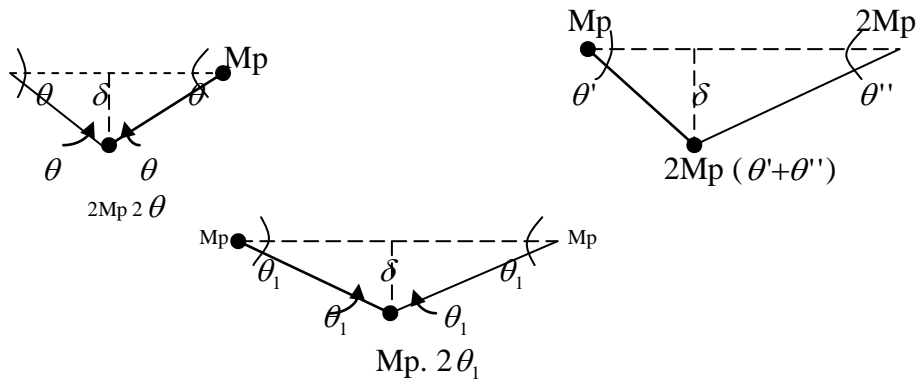


$$\begin{aligned}
 & \left. \begin{aligned}
 AB \rightarrow UL = Wc \cdot \delta = Wc \cdot \theta \cdot 0,5L \\
 UD = Mp \cdot 2\theta + Mp \cdot \theta = 3 Mp \cdot \theta
 \end{aligned} \right\} Wc = \frac{6Mp}{L} \\
 & \left. \begin{aligned}
 BC \rightarrow UL = Wc \cdot \delta = Wc \cdot \theta \cdot 0,5L \\
 UD = Mp \cdot 2\theta + Mp \cdot \theta = 3 Mp \cdot \theta
 \end{aligned} \right\} Wc = \frac{6Mp}{L}
 \end{aligned}$$

Contoh balok menerus (Beban merata)



Mekanisme runtuh



Balok AB \rightarrow $UL = (3 WL) \cdot \theta \cdot L$

$UD = 2 Mp \cdot 2 \theta + Mp \cdot \theta = 5 Mp \cdot \theta$

$UL = UD \rightarrow Wc = \frac{5Mp}{3L^2} = 1,67 Mp / L^2$

Balok BC \rightarrow $UL = W \cdot \frac{1}{2} (3L) \cdot \theta_1 \cdot \frac{1}{2} L = 2 \frac{1}{4} \cdot W \cdot L^2 \cdot \theta_1$

$UD = Mp \cdot \theta_1 + Mp \cdot 2 \theta_1 + Mp \cdot \theta_1 = 4 Mp \cdot \theta_1$

$UL = UD \rightarrow Wc = \frac{4Mp}{2 \frac{1}{4} \cdot L^2} = 1,78 Mp / L^2$

Balok CD \rightarrow $UL = (6WL) \cdot \delta$, $\delta = \theta' \cdot L = \theta'' \cdot 2L$

$UL = 6W \cdot L \cdot \theta' \cdot L$ $\theta'' = \frac{L}{2L} \theta' = \frac{1}{2} \theta'$

$UD = Mp \cdot \theta' + 2Mp (\theta' + \theta'') = 2 Mp \cdot \theta''$

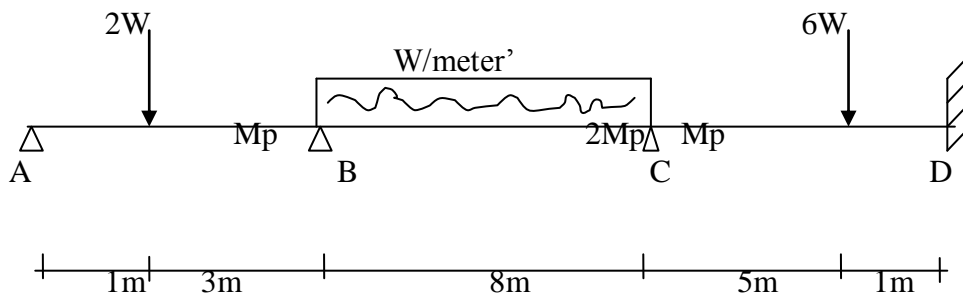
$= Mp \cdot \theta' + 2 Mp (\theta' + 1/2 \theta') + 2 Mp \cdot 1/2 \theta'$

$$= 5 Mp. \theta'$$

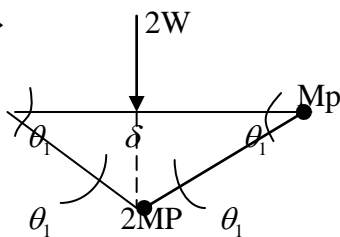
$$UL = UD \rightarrow Wc = \frac{5Mp}{6L^2} = 0,83Mp/L^2$$

Jadi beban runtuh $Wc = 0,83 Mp/L^2$ (terkecil)

Dimana bentang CD merupakan bentang kritis



AB →



$$\delta = \theta_1 \cdot 1 = \theta \cdot 3$$

$$\theta = \frac{\theta_1}{3}$$

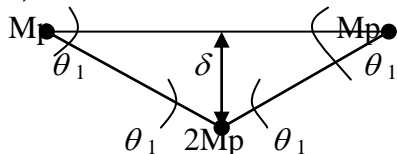
$$UL = 2W \cdot \delta = 2W \cdot \theta_1 \cdot 1 = 2W \cdot \theta_1$$

$$UD = Mp \cdot (\theta_1 + \theta) + Mp \cdot \theta$$

$$= Mp \left(\frac{4}{3} \theta_1 + \frac{1}{3} Mp \theta_1 = \frac{5}{3} Mp \theta_1 \right)$$

$$Wc = \frac{5}{6Mp} = 0,83 Mp$$

BC →



$$\delta = 4 \cdot \theta_1$$

$$UL = Wc \cdot \frac{1}{2} \delta \cdot 4 \cdot \theta_1 = 16 Wc \cdot \theta_1$$

Cara lain: beban x $\frac{1}{2} \delta$

$$= W \cdot 8 \cdot \frac{1}{2} \cdot 4 \cdot \theta_1$$

$$= 16 W \cdot \theta_1$$

$$UD = Mp \cdot \theta_1 + 2 Mp (\theta_1 + \theta_1) + Mp \cdot \theta_1$$

$$= 6M_p \theta_1$$

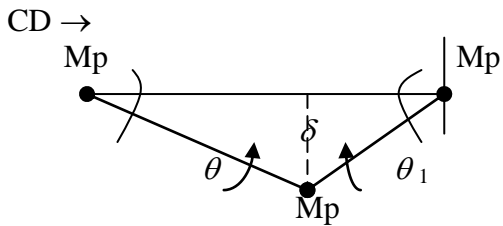
$$W_c = \frac{6}{16} M_p = 0,37 M_p$$

$$\delta = 5 \cdot \theta = 1 \cdot \theta_1 \rightarrow \theta_1 = 5 \theta$$

$$UL = 6W \cdot \delta = 6 W_c \cdot 5 \theta$$

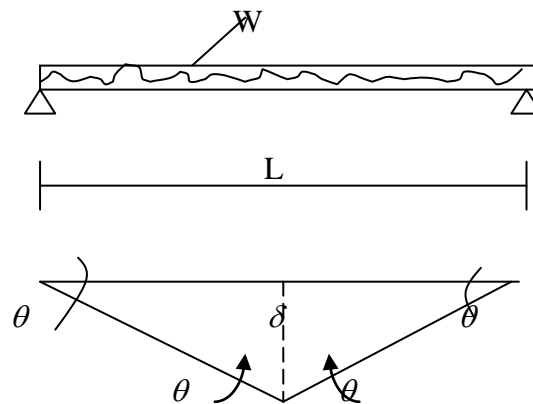
$$\begin{aligned} UD &= M_p \theta + M_p (\theta + \theta_1) + M_p (\theta_1) \\ &= M_p \theta + M_p (6\theta) + M_p 5\theta \\ &= 12 M_p \end{aligned}$$

$$W_c = \frac{12 M_p}{30} = \frac{2}{5} M_p = 0,4 M_p$$



Catatan Untuk Beban Merata

1)



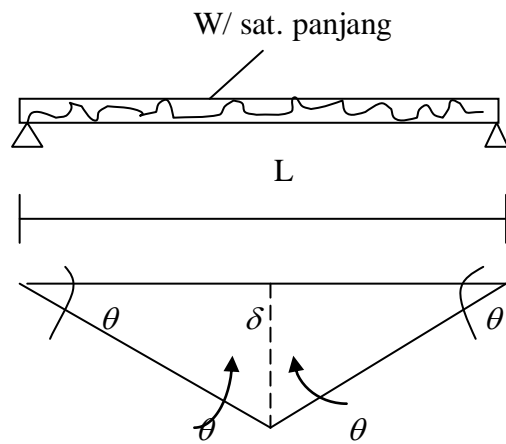
$$\delta = \frac{1}{2} L \cdot \theta$$

Rata-rata perpindahan dari beban merata w yaitu = $\frac{1}{2} \delta$, jadi

$$\begin{aligned} \text{Usaha luar} &= W \cdot \frac{1}{2} \delta = W \cdot \frac{1}{2} \cdot \frac{1}{2} L \cdot \theta \\ &= \frac{WL\theta}{4} \end{aligned}$$

Usaha luar	= beban x rata-rata defleksi
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2)

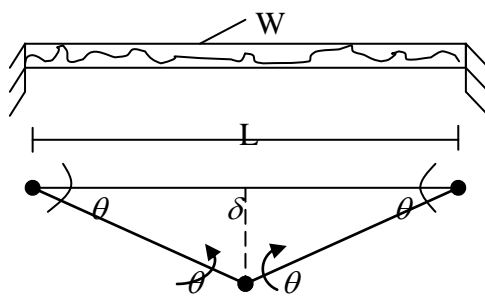


$$\delta = \frac{1}{2} \cdot L \cdot \theta$$

Usaha Luar = besar beban/ sat panjang x diagram mekanisme runtuh di bawah beban

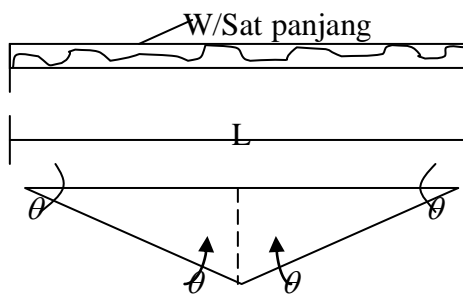
$$\begin{aligned} \text{UL} &= \frac{W}{L} \times \frac{1}{2} \cdot L \cdot \delta \\ &= \frac{W}{L} \times \frac{1}{2} \cdot L \cdot \frac{1}{2} \cdot L \cdot \theta = \frac{WL\theta}{4} \end{aligned}$$

3)



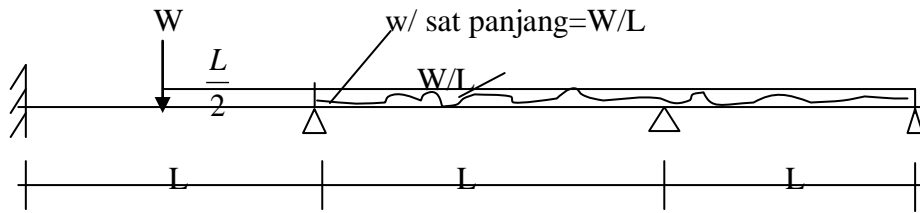
$$\begin{aligned} \delta &= \frac{1}{2} \cdot L \cdot \theta \\ \text{UL} &= W \cdot \frac{1}{2} \delta \\ &= W \cdot \frac{1}{2} \cdot \frac{\delta}{2} \cdot L \cdot \theta \\ &= \frac{WL\theta}{4} \end{aligned}$$

4)



$$\begin{aligned} \delta &= \frac{1}{2} \cdot L \cdot \theta \\ \text{UL} &= \frac{W}{L} \cdot \frac{1}{2} L \delta = \frac{W}{L} \cdot \frac{1}{2} L \cdot \frac{1}{2} L \theta \\ &= \frac{WL\theta}{4} \end{aligned}$$

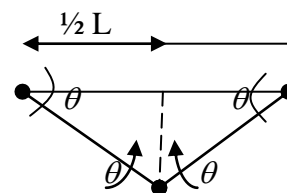
Contoh:



$$AB \rightarrow UL = W \cdot \frac{L}{2} \theta$$

$$UD = Mp \cdot \theta + Mp \cdot (\theta + \theta) + Mp \cdot \theta = 4 Mp \cdot \theta$$

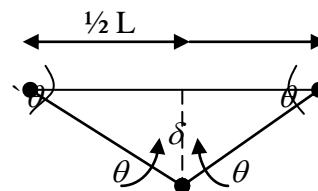
$$WC = \frac{4Mp}{L/2} = \frac{8Mp}{L} \text{ terkecil}$$



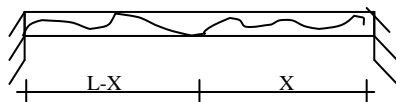
$$BC \rightarrow UL = \frac{W}{L} \cdot \frac{1}{2} L \cdot \left(\frac{1}{2} L \theta \right) = \frac{WL \theta}{4}$$

$$UD = 4 Mp \cdot \theta$$

$$WC = 16 \frac{Mp}{L}$$



Batang CD seperti jepit sendi



$$X = 0,4142L$$

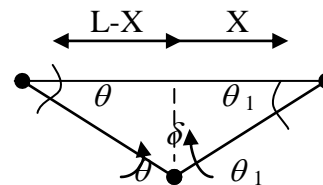
$$\delta = 0,4142L \cdot \theta_1 = 0,5858 L \theta \text{ atau } \theta_1 = \frac{0,5858}{0,4142} \theta$$

UL = beban rata-rata defleksi

$$= \frac{W}{L} \cdot L \times \frac{1}{2} \times 0,5858 L \theta = \frac{1}{2} \cdot 0,5858 WL \theta$$

$$UL = \frac{W}{L} \cdot \frac{1}{2} L \cdot 0,5858 L \cdot \theta = \frac{1}{2} \cdot 0,5858 WL \cdot \theta$$

$$UD = Mp \cdot \theta + Mp (\theta + \theta_1)$$



$$= M_p \cdot \theta + M_p \left(1 + \frac{0,5858}{0,4142}\right) \theta$$

$$= 3,4143 M_p \cdot \theta$$

Jadi $W_c = 11,6569 \text{ Mp/ L}$

Jadi $W_c \text{ (terkecil)} = 8 \text{ Mp/ L}$