Once upon a time in Lombok, there was a kingdom, named Kuripan. The king of Kuripan was very wise. He had a daughter, named Mandalika. She was so beautiful. Many princes wanted to marry her. To choose the one that would be his son-in-law, the king had an arrow shooting competition. The best one would be Mandalika's husband.

On the day of the competition, those princes shot their arrows. All of them did it perfectly. The king found it difficult to choose. Therefore, the princes began to fight and kill each other.

Princess Mandalika was so desperate. She didn't want anyone killing each other because of her. That's why she decided to go to the sea. She died in the south sea of Lombok. The king and princes were sad and felt guilty. They regretted and stopped fighting.

Until now, one day in every year, usually in February or March, people go to the south sea. On that day, a great number of worms come out from the sea. People call these worms nyale. People believe that those nyales are Princess Mandalika's hair.

Lake Toba is the largest lake in Southeast Asia. It is on the altitude of 800 meters above the sea level, 100 kilometers long, and 30 kilometers wide. It is situated in the caldera of the huge Toba volcano which erupted approximately 75,000 years ago.

The eruption was one of the most massive eruptions ever on earth. Many scientists believe that this eruption was triggered in the last ice age. The eruption probably lasted two weeks until the volcano collapsed. Then it formed a caldera which is now Lake Toba. The bottom of the volcano rose and formed the island of Samosir.